

**Sisters United in Human Service,
Inc. Quarterly Newsletter**

**Volume 1, Issue 12
May, 2009**

MESSAGE FROM OUR PRESIDENT



Beloved Readers,

Welcome to the second edition of the Sisters United in Human Service, Inc. Newsletter this year. Year 2009 is continuing in its great start, proudly sponsoring this year's 11th Annual Rites of Unthaa Program. Eight beautiful young girls from various communities successfully completed this year's program. They included Sisters Emmonie Arder, Lashmi Faiz, Khalimah Malik, Nabeelah Muhammad, Sajdah Muhammad, Amatullah Majaheed, Hanan Threats and Qadira Willis. They each proudly participated in their Closing Ceremony on May 5th, surrounded by family, friends and members of their caring community "village". The theme of this year's Closing Ceremony was "Yes We Can Achieve Excellence", celebrated against the powerful backdrop of our beloved President Obama's theme: "Yes We Can". Just as President Barack Hussein Obama, the Nation's 44th President reminded us of our power and potential in the reflected words of his theme, our ROUP graduates also resounded and reflected the words "Yes We Can Achieve Excellence" throughout their impressive Closing Ceremony. Sisters United salutes these outstanding young ladies, all those who contributed to their learning experiences throughout their eight week Program, their supportive parents and guardians and the village of supporters who sponsored and supported this Program and its 11th Annual Closing Ceremony.

Since our last edition, we were also blessed to host international visitors from Thailand. These guests who serve their Country in the important roles of educational leaders and scholars, striving to achieve closer relationships with their counterparts of other faiths, were very curious to learn about Sisters United's experiences working with individuals of like minds and spirits who embrace other faiths. Our dialogue and sharing were very beautiful and full of substance, enjoyed over a delicious halal meal served in an intimate, relaxing environment of one of our homes.

Once again, we discussed how both experiences, those of us who were born into the faith of Al Islam and those who converted to Al Islam from other faiths, foster a deep regard for diverse faith traditions. We all thoroughly enjoyed this visit and the expanded understandings that are always born out of interacting and sincerely sharing the rich experiences of Sisters United's interfaith endeavors in this great city as well as our inspiring personal stories and experiences as Muslims in this country. The dialogue is always informative and inspiring when we share with our brothers and sisters of faith who hail from another unique and important country that makes up our world community!

We look forward again this year to the sacred opportunity to honor Muslim Educators and Graduates on Sunday, June 28 at the Wesley Chapel Library. We also look forward to presenting the 2009 Ummah Investment Scholarships to qualifying applicants at this important occasion. For more information, please email us at www.sistersunited.org. We also take honor in saying to our beloved fathers, brothers, husbands and sons, have a blessed Fathers' Day. We truly appreciate you!

In closing, as we continue in our twelfth consecutive year of service for the pleasure of Allah, Most High, we pray for His continued blessings and guidance and mercy. We also thank you sincerely for your prayers and support: past, present and future, insha'Allah!

.....Khayriyyah Hanan Faiz



"A Rose, Is A Rose, Is A Rose"

The rose is described as a flower of love, endowed with beauty, charm, joy and sweet scent. Webster's Dictionary defines the rose as "a gem, especially a diamond, cut in this manner." On Saturday, May 16th, we celebrated a gem, a diamond, a rose, in the person of our illustrious President, Sis. Khayriyyah Hanan Faiz. It was a celebration of her 40 years of service to the community and to the service of humanity in general. We celebrated her unique unselfishness and service that she always gives lovingly to all. We celebrated the fact that she is known as one who not only gives untiringly, but one who is always teaching, modeling and setting the example for those blessed to

be in her midst and those who choose to be mentored “under her wing”. Scores of family, friends, past supervisors, religious leaders, neighbors, members of organizations she leads and serves all came together on this occasion to say “*thank you*”. They all accomplished this with excellence as they celebrated (across the decades of her legacy) her inner beauty, her perseverance, endurance, her toughness, and her gracious and respectful *words always spoken to the right*. We celebrated the life that she lives as a compassionate leader, professional mental health worker, community worker, mentor, mother, sister, aunt, humanitarian, and as a sincere friend.

Sisters United in Human Service, Inc. joined others who supported this auspicious occasion in paying our tribute for her twelve years of leadership of our esteemed Organization as its chair. We join her family, friends and the host of others in expressing our appreciation and gratitude to this humble servant of Allah (SWT).

Just as a rose is obedient to its Lord, so too is the life and example of our beloved President and honoree, Khayriyyah Faiz. We thank Allah for blessing us with the sweet fragrance of this “rose” in our presence and in our lives. May Allah (SWT) be pleased.!

12th Annual Interfaith Health and Human Service Conference

Once again, what we've all been anticipating! Our 12th Annual Interfaith Health and Human Service Conference is now in its planning stage! This year's Conference promises to be our best yet, as we strive each year to make each Conference better than the last. This year's Conference will be held on October 9-10th. We will honor our Practitioners of Excellence and Al-Ma'un Awardees on Friday, October 9th, and our Conference sessions will be held on Saturday, October 10th, at the Mohammed Schools' Gymnasium. This year's Conference theme is, “**Responsibility and Change For Personal and Family Health.**” We are planning youth sessions which will run simultaneously with our adult sessions. Both tracks will include topics that are of vital importance to youth, adults, males and females. Health vendors will also be present again this year to perform important health screenings and to share critical health information and resources to support us all in making **responsible change(s)** needed in our lives and in our families' lives. We will introduce you to individuals who have achieved success in organic gardening and let you **taste some of their “sweet success”!**

We also invite you, your family and friends to our **Family Fun Night**, which will be held on the evening of Saturday, October 10th. This is a night of fun activities for the whole family that features physical activities and competitions such as basketball, hoola hoops, jump rope, musical chairs and a variety of board game competitions such as Scrabble and various card games. This year we are planning a double-dutch competition! There will be prizes and giveaways again this year!

We look forward to keeping you posted and giving you more information as our planning unfolds. **We are also soliciting your help with our Family Fun Night.** Please contact our Planning Committee if you are interested in assisting us in any

way. We look forward to hearing from you. Most importantly, we look forward to your presence at the Conference.



Healthful Hints

There are many healthy and economical benefits of, guess what? Peroxide! So, take that long, lost bottle from the back of the medicine cabinet!

Did you know that.....

- *a 50/50 mixture of peroxide and water spray treatment could relieve fungus of the feet ;*
- *you can heal infections or cuts by soaking them in 3% peroxide for five to ten minutes several times a day;*
- *you can fill a spray bottle with a 50/50 mixture of peroxide and water and keep it in your bathroom to disinfect without harming your septic system like bleach does;*
- *you can lessen the pain of a toothache by placing a capful of 3% peroxide in your mouth and holding it for 10 minutes several times a day if you can't get to a dentist right away; and*
- *you can add a cup of peroxide to your wash to whiten your clothes instead of bleach; also*
- *if you have a blood stain, or any other stain on your clothes, just pour peroxide directly on the stain, let it sit for a minute, then rub and rinse with cold water.*

Wow! The benefits of peroxide.....to be continued in our next issue!

UPCOMING EVENTS

Continued Production. “Faith and Good Works.”
AIB Comcast Channel 295.
May 25, 2009. Graduates and Educator's Celebration. Wesley Chapel Library. RSVP required, please.
October 9-10, 2009. 12th Annual Interfaith Health and Human Service Conference. Mohammed Schools' Gymnasium.

YOUR CONTRIBUTIONS ARE NEEDED AND APPRECIATED

Your help is needed to help us continue this very important work! If you would like to provide financial assistance in support of our efforts, you can do so online or you can mail your tax-deductible donation to: P.O. Box 360893, Decatur, Georgia 30036. You can also visit [Good Search](#) to search for information and enter Sisters United as the beneficiary. Invite your family and friends to do the same. Each search benefits us in small, but important ways! If you are interested in supporting the works of SUIHS, Inc. in other ways, please contact us at (770) 465-2995 or at www.sistersunited.org.

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